## XX MAVEN



# Free on-demand care for your parenthood journey

SISC is providing PPO members with free access to Maven virtual care for pregnancy and postpartum support. Use Maven for 24/7 access to doctors, specialists, coaches, and trustworthy content tailored to your experience.

## Free 6-month diaper subscription for SISC PPO members who:

- Enroll during their first or second trimester
- Have an intro call with a Care Advocate
- Have two appointments with Maven providers during pregnancy
- Complete the exit survey when their baby is born





## What is Maven?

Maven offers 24/7 virtual access to one-on-one maternity and postpartum support. Eligible SISC PPO members are matched with a Care Advocate who connects them to trustworthy maternity and postpartum content.

## How do I use Maven?

Download and log into the Maven Clinic app to access maternity and postpartum doctors, specialists, coaches, mental health experts, and so much more.

# Support at every stage of your journey

## Pregnancy

- ✓ Midwives, OB-GYNs, Doulas
- ✓ Birth Planning
- Prenatal Nutritionists
- ✓ Mental Health Specialists
- Loss Support



### To activate your membership:

Download the Maven Clinic app Visit **mavenclinic.com/join/SISC** Scan the QR code

Enrollment is confidential and will not be shared with your employer.

## Postpartum

- ✓ Infant Care Advice
- Pediatricians
- $\checkmark$  Lactation Counseling
- ✓ Infant Sleep Coach

### **Return to work**

- Emotional Support
- ✓ Back-to-Work Support
- ✓ Career Coaching

