



Rio School District



OCTOBER 2021

Supper Menu
All Sites



**Harvest
of the
Month**



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| All meals Served With an assortment of Non Fat or 1% milk | |  | | 1 PB&J Sandwich Vegetable Assortment Fruit Assortment |
| 4 Cereal / String Cheese Vegetable Assortment Fruit Assortment | 5 Chicken Salad & Crackers Vegetable Assortment Fruit Assortment | 6 Hamburger Vegetable Assortment Fruit Assortment | 7 Chicken & Cheese Tamale Vegetable Assortment Fruit Assortment | 8 Turkey Sandwich Vegetable Assortment Fruit Assortment |
| 11 PB & Jelly Sandwich Vegetable Assortment Fruit Assortment | 12 Refried Beans & Tortilla Chips Vegetable Assortment Fruit Assortment | 13 Cheese Pizza Vegetable Assortment Fruit Assortment | 14 Chicken Soft Taco Vegetable Assortment Fruit Assortment | 15 Chicken Sandwich Vegetable Assortment Fruit Assortment |
| 18 String Cheese & Crackers Vegetable Assortment Fruit Assortment | 19 Marinara Sauce Cup Cheese Breadsticks Vegetable Assortment Fruit Assortment | 20 Bean & Cheese Burrito Vegetable Assortment Fruit Assortment | 21 Cereal / String Cheese Vegetable Assortment Fruit Assortment | 22 Trail Mix Vegetable Assortment Fruit Assortment |
| 25 Yogurt & Granola Bar Vegetable Assortment Fruit Assortment | 26 Chicken Sandwich Vegetable Assortment Fruit Assortment | 27 Cereal / String Cheese Vegetable Assortment Fruit Assortment | 28 Hamburger Vegetable Assortment Fruit Assortment | 29 Pizza Vegetable Assortment Fruit Assortment  |

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.