Rio School District

August

2021

Supper Menu
All Sites

Harvest of the Month

Harvest of the Month:
Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
Seasonal Fruit and Farm Fresh Vegetables offered daily **Unflavored 1% and nonfat milk offered daily** **All grains offered are whole grain rich**		4	5	
9	10	11	12	
16				20
23	24	25 Tuna Salad with crackers Kiwi Fresh veggies	26 Pretzels/ string cheese/ sunflower seeds Diced pears Fresh veggies	27 PB&J Sandwich Apple Fresh veggies
30 Cereal / String Cheese Orange slices Fresh veggies	31 Chicken Salad with crackers Applesauce Fresh veggies			

Summer Vacation ....

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.