


Rio School District




August 2021

**Jr High
Breakfast & Lunch**



**Harvest
of the
Month**

Harvest of the Month:
Watermelon 

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Seasonal Fruit and Farm Fresh Vegetables offered daily Unflavored 1% and nonfat milk offered daily All grains offered are whole grain rich Water \$1.00 Juice \$.50</p>		<p>All Students Eat Free For The 2021–2022 School Year</p>		
9	10	11	12	
<p>Summer Vacation</p>				
16				20
<p>23 </p>	24	<p>25 Eggstravaganza Chicken & Waffles Spicy chicken Sandwich French Bread Pizza</p>	<p>26 Toasted Cheese Sandwich  Hot Dog Cheeseburger Chicken Cesar Salad</p>	<p>27 Pan Dulce Chili beans & Cornbread Spicy Bean & Cheese Burrito Chicken Sandwich</p>
<p>30 French Toast Sticks Toasted Cheese Sandwich Green Chili & Cheese Burrito Cheese Pizza</p>	<p>31 Fruit Smoothie Chicken Bites Ham Sandwich Hamburger</p>			

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.