



# Rio School District

# August

## 2021

**Elementary Schools  
Breakfast & Lunch**



**Harvest  
of the  
Month**

Harvest of the Month:  
Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Seasonal Fruit and Farm Fresh Vegetables offered daily Unflavored 1% and nonfat milk offered daily All grains offered are whole grain rich Water \$1.00 Juice \$.50</p>		<p>All Students Eat Free For The 2021—2022 School Year</p>		
9	10	11	12	
<p><b>Summer Vacation ....</b></p>				
16				20
<p>23</p>	24	<p>25 Egg travaganza Chicken &amp; Waffles Plum Green Beans</p>	<p>26 Toasted Cheese Sandwich  Hot Dog Watermelon Sliced cucumbers</p>	<p>27 Pan Dulce Chili beans &amp; Cornbread Orange Slices Corn</p>
<p>30 French Toast Sticks Toasted Cheese Sandwich Apple Slices Carrot/Celery Sticks</p>	<p>31 Fruit Smoothie Chicken Bites Grapes Green Salad</p>			

\*This institution is an equal opportunity provider.

\*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.