

## **Rio School District**



## **Supper Menu Rio Vista**



**Harvest of the Month:** Broccoli



Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal and String Cheese Vegetable Assortment Fruit Assortment	3 Peanut Butter & Jelly Sandwich Vegetable Assortment Fruit Assortment	4 Ham & Cheese Sandwich Vegetable Assortment Fruit Assortment	5 Muffin String Cheese Vegetable Assortment Fruit Assortment	6 Sunflower Seeds, Pretzels, & String Cheese Vegetable Assortment Fruit Assortment
9 Cereal and String Cheese Vegetable Assortment Fruit Assortment	Peanut Butter & Jelly Sandwich Vegetable Assortment Fruit Assortment	11 Turkey & Cheese Sandwich Vegetable Assortment Fruit Assortment	Muffin String Cheese Vegetable Assortment Fruit Assortment	13 Sunflower Seeds, Pretzels, & String Cheese Vegetable Assortment Fruit Assortment
Cereal and String Cheese  Vegetable Assortment Fruit Assortment	15 Peanut Butter & Jelly Sandwich Vegetable Assortment Fruit Assortment	16 Ham & Cheese Sandwich  Vegetable Assortment Fruit Assortment	17 Muffin String Cheese Vegetable Assortment Fruit Assortment	18 Sunflower Seeds, Pretzels, & String Cheese Vegetable Assortment Fruit Assortment
23 Cereal and String Cheese Vegetable Assortment Fruit Assortment	24 Peanut Butter & Jelly Sandwich Vegetable Assortment Fruit Assortment	25 Tuna Sandwich  Vegetable Assortment Fruit Assortment	Muffin String Cheese Vegetable Assortment Fruit Assortment	27 Sunflower Seeds, Pretzels, & String Cheese Vegetable Assortment Fruit Assortment
30 Cereal and String Cheese Vegetable Assortment	31 Peanut Butter & Jelly Sandwich Vegetable Assortment		n Salad Bar & Seasonal Fruit of nonfat offered daily. All grain grain rich.	

<sup>\*</sup>This institution is an equal opportunity provider

Fruit Assortment

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