



Rio School District

February

2020

Rio Real & Plaza School Menu

Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Pan Dulce Chicken Sandwich	5 Mini Waffle Teriyaki Chicken Rice Asian Slaw	6 Toasted Bagel & Cream Cheese Chili Mac  	7 Banana Muffin Co-jack Cheese Stick Posole Chips
10 Mini Pancakes Bean & Cheese Burrito 	11 Taco Tuesday! Yogurt Cup Granola Bar Chicken Soft Taco	12 Cinnamon Bun Co-jack Cheese Stick Baked Chicken & Waffle	13 Bagel Pizza Hot Dog 	14 Breakfast Bar Co-jack Cheese Stick Sweethearts Spaghetti Cupid's Salad Valentines Cookie 
17 	18 Breakfast Burrito Chicken Bites Tater Tots	19 Mini Cinis Tamale Zesty Citrus Fruit Salad	20 Banana Bread Turkey And Gravy Mashed Potato  	21 Mini Bagel-fulls Chicken Noodle Soup Hot Ham & Cheese Sandwich
24 Breakfast Pizza Nacho 	25 Pan Dulce Co-jack Cheese Stick Hamburger Fires	26 Mini Waffle 3 Bean Chili Chips	27 Toasted Bagel & Cream Cheese Orange Chicken Rice 	28 Banana Muffin Street Tacos
	<p>Farm Fresh Vegetables & Seasonal Fruit offered Daily</p> <p>Unflavored 1% and nonfat milk offered daily. All grains offered are whole grain rich.</p> <p>Water \$ 1.00 Juice \$.50</p>			

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.