

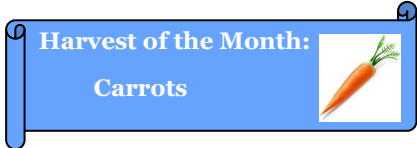









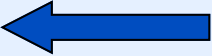
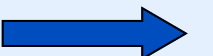

# Rio School District

# December

## 2019

## Del Mar, Del Sol, Rosales Breakfast & Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Mini Pancakes  Nachos	<b>3</b> Yogurt Parfait Hamburger French Fries	<b>4</b> Breakfast Croissant Spaghetti & Meatballs	<b>5</b> PB&J Sandwich  Orange Chicken Brown Rice	<b>6</b> Fruit Smoothie Pulled Pork Tacos
<b>9</b> Cereal  Bean & Cheese Tostada	<b>10 Backwards Day !</b> Breakfast Bread French Toast Bulk Scrambled Egg	<b>11</b> Breakfast Pizza Roasted Chicken Mashed Potatoes	<b>12</b> Muffin Sandwich  Chicken Taquitos	 <b>13</b> Pan Dulce Chipotle Chicken Posole
<b>16</b> Bagel & Cream Cheese  Baked Potato Bar	<b>17</b> Toasted Cheese Sandwich Chicken Sandwich French Fries	<b>18</b> Egg Stravaganza and Toast Teriyaki Chicken Brown Rice	<b>19</b> Yogurt Parfait  Winter Wonderland Soup Toasted ham & cheese Sandwich	<b>20</b> Homemade Muffins Dominos Pizza
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
 <b>Winter Break December 23rd-January 3rd</b> 				
<b>Farm Fresh Salad Bar &amp; Seasonal Fruit offered Daily</b> Unflavored 1% and nonfat milk offered daily All grains offered are whole grain rich Unflavored 1% and nonfat milk offered daily		<b>Meal Prices</b> <b>Breakfast:</b> Reduced: \$.30 Paid: \$2.00		<b>Lunch:</b> Reduced: \$.40 Paid: \$3.00
				

\*This institution is an equal opportunity provider.

\*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.