



# Rio School District


# December

## 2019

## Rio Lindo Elementary

### Breakfast & Lunch



Harvest of the Month:  
Carrots 

Monday	Tuesday	Wednesday	Thursday	Friday
2 PB&J Sandwich  Chicken & Cheese Burrito	3 Muffin Tuna Sandwich	4 Cinnamon Bun Chicken Sandwich	5 Pan Dulce  Pizza	6 Cereal Bar & String Cheese PB&J Sandwich
9 Yogurt & Granola Bar  Bean & Green Chili Burrito	10 Banana Bread Ham Sandwich	11 Bagel & Cream Cheese Hamburger	12 Fat Cat Bar  Nachos	13 Pan Dulce PB&J Sandwich
16 Bagel & Cream Cheese  Bean & Cheese Burrito	17 Mini Cinis Turkey Sandwich	18 Zucchini Bread Chicken Bites	19 Yogurt & Granola Bar  Winter Wonderland Soup Toasted ham & cheese Sandwich	20 Fat Cat Bar Dominos Pizza
23	24	25	26	27
 <b>Winter Break December 23rd-January 3rd</b> 				
30 	<b>Farm Fresh Salad Bar &amp; Seasonal Fruit offered Daily</b> <b>Unflavored 1% and nonfat milk offered daily</b> <b>All grains offered are whole grain rich</b> <b>Water \$1.00 Juice \$0.50</b>			

\*This institution is an equal opportunity provider.

\*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.