



Rio School District

October

2019


Supper Menu

All Sites



Harvest
of the
Month



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Refried beans Tortillas chips Vegetable Assortment Fruit Assortment	2 Cheese Pizza Vegetable Assortment Fruit Assortment	3 Chicken soft taco Tortilla chips Vegetable Assortment Fruit Assortment	4 Chicken Sandwich Vegetable Assortment Fruit Assortment
7 String Cheese & Crackers Vegetable Assortment Fruit Assortment	8 Breadsticks Marinara Sauce Vegetable Assortment Fruit Assortment	9 Bean & Cheese Burrito Vegetable Assortment Fruit Assortment	10 Cereal Assortment String cheese Vegetable Assortment Fruit Assortment	11 Trail Mix Vegetable Assortment Fruit Assortment
14 Muffin Top Hard Boiled Egg Vegetable Assortment Fruit Assortment	15 Toasted Cheese Sandwich Vegetable Assortment Fruit Assortment	16 Tuna Salad & Crackers Vegetable Assortment Fruit Assortment	17 Pretzels, sunflower seeds, String Cheese Vegetable Assortment Fruit Assortment	18 PB & Jelly Sandwich Vegetable Assortment Fruit Assortment
21 Cereal Assortment String Cheese Vegetable Assortment Fruit Assortment	22 Chicken Salad & Crackers Vegetable Assortment Fruit Assortment	23 Chicken & Cheese Tamale Vegetable Assortment Fruit Assortment	24 Hamburger Vegetable Assortment Fruit Assortment	25 Turkey Sandwich Vegetable Assortment Fruit Assortment
28 PB & Jelly Sandwich Vegetable Assortment Fruit Assortment	29 Refried beans Tortillas chips Vegetable Assortment Fruit Assortment	30 Cheese Pizza Vegetable Assortment Fruit Assortment	31 Chicken soft taco Tortilla chips Vegetable Assortment Fruit Assortment	 <p>Farm Fresh Vegetables & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50</p>

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.