



# Rio School District

# November

## 2019

## Supper Menu

### All Sites



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Farm Fresh Vegetables &amp; Seasonal Fruit offered Daily</b></p> <p><b>Non-Fat or Low Fat Milk offered daily</b></p> <p><b>Water \$1.00 Juice \$0.50</b></p>				<p>1</p> <p>No School</p>
<p>4</p> <p>Cheese &amp; Crackers</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>5</p> <p>Breadsticks with Marinara Sauce</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>6</p> <p>Bean &amp; Cheese Burrito</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>7</p> <p>Cereal Assortment</p> <p>String Cheese</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>8</p> <p>Trail Mix</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>
<p><b>Veteran's Day</b></p>	<p>12</p> <p>Toasted Cheese Sandwich</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>13</p> <p>Tuna Salad With Crackers</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>14</p> <p>Pretzels, sunflower seeds and Cheese</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>15</p> <p>PB&amp;J Sandwich</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>
<p>18</p> <p>Cereal Assortment</p> <p>String Cheese</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>19</p> <p>Chicken Salad &amp; Crackers</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>20</p> <p>Chicken &amp; Cheese Tamales</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>21</p> <p>Hamburger</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>	<p>22</p> <p>Turkey Sandwich</p> <p>Vegetable Assortment</p> <p>Fruit Assortment</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>
<p><b>Fall Break November 25–29</b></p>				

\*This institution is an equal opportunity provider.

\*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.