

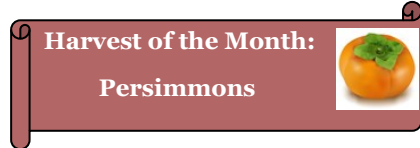


Rio School District

November

2019

Rio Plaza and Rio Real
Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Farm Fresh Vegetables & Seasonal Fruit offered Daily</p> <p>All meals are served with Milk</p> <p>Water \$1.00</p> <p>Juice \$0.50</p>				<p>1</p> <p>No School</p>
<p>4</p> <p>French Toast</p> <p>MEATLESS MONDAY</p> <p>Dia de los Muertos</p>	<p>5</p> <p>Breakfast Burrito</p> <p>Chicken Sandwich</p>	<p>6</p> <p>Mini Cinis</p> <p>Teriyaki Chicken</p> <p>Brown Rice</p>	<p>7</p> <p>Banana Bread</p> <p>Chili Mac</p>	<p>8</p> <p>Mini Bagel-fulls</p> <p>Pozole</p> <p>Tortilla Chips</p>
<p>Veteran's Day</p>	<p>12 Taco Tuesday!</p> <p>Pan Dulce</p> <p>Hard Shell Tacos</p>	<p>13</p> <p>Mini Waffles</p> <p>Chicken & Waffles</p>	<p>14</p> <p>Bagel and Cream Cheese</p> <p>Hot Dog</p>	<p>15</p> <p>Muffin</p> <p>Chili</p> <p>Tortilla Chips</p>
<p>18</p> <p>Mini Pancakes</p> <p>Toasted Cheese Sandwich</p> <p>MEATLESS MONDAY</p>	<p>19</p> <p>Yogurt Cup & Granola Bar</p> <p>Chicken Bites</p>	<p>20</p> <p>Cinnamon Bun</p> <p>Chicken and Cheese Tamale</p>	<p>21</p> <p>Bagel Pizza</p> <p>Turkey & Gravy with mashed potatoes</p>	<p>22</p> <p>Breakfast Bar</p> <p>Fish Sticks</p> <p>Fries</p>
25	26	27	28	29
<p>Fall Break November 25–29</p>				

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.