



Rio School District









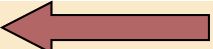
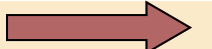
November

2019

Del Mar, Del Sol, Rosales Menu

Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
Farm Fresh Vegetables & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50		Meal Prices Breakfast: Reduced: \$.30 Paid: \$2.00 Lunch: Reduced: \$.40 Paid: \$3.00		1 No School
4 Bagel with Cream Cheese Dia de los Muertos 	5 Yogurt Parfait Chicken Sandwich	6 Egg Stravaganza with Toast Teriyaki Chicken Brown Rice	7 Toasted Cheese Sandwich  Chili Mac	8 Homemade Breakfast Bread Pozole Tortilla Chips
 Veteran's Day	12 Taco Tuesday! Fruit Smoothie Granola Bar Hard Shell Tacos	13 Oatmeal Chicken & Waffles	14 Muffins  Hot Dog	15 Scrambled Eggs With Biscuit Chili Tortilla Chips
18 Cereal Assortment  Toasted Cheese Sandwich	19 Breakfast Burrito Chicken Bites	20 Breakfast Pizza Chicken and Cheese Tamale	21 Homemade Breakfast Bread  Turkey & Gravy with mashed potatoes 	22 Pan Dulce Fish Sticks Fries 
25	26	27	28	29
 Fall Break November 25–29 				

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.