



Rio School District

August

2019

Middle School Breakfast & Lunch Menu



Harvest
of the
Month

Harvest of the Month:
Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Farm Fresh Salad Bar & Seasonal Fruit offered Daily</p> <p>All meals are served with Milk</p> <p>Water \$1.00</p> <p>Juice \$0.50</p>			1	3
5	6	7	8	
12	13	14	15	
<p>Summer Vacation</p>				
19	20	21	22	23
26	27	28	29	30
		<p>28 Egg Stravaganza</p> <p>Teriyaki Chicken & Rice</p> <p>Spicy Chicken Sandwich</p> <p>Pepperoni Pizza</p>	<p>29 Toasted Cheese Sandwich</p> <p>Chili Mac</p> <p>Cheeseburger/Fries</p> <p>Asian Chicken Salad</p>	<p>30 Muffins</p> <p>Chicken Pozole</p> <p>Bean & Cheese Burrito</p> <p>Chicken Sandwich</p>

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.