Rio School District

February

2019

Elementary School Menu
Breakfast & Lunch

Harvest of the Month

Harvest of the Month: Oranges

Monday	Tuesday	Wednesday	Thursday	Friday
	Farm Fresh Vegetables & Seasonal Fruit offered Daily **All meals are served with Milk** **Water $1.00** **Juice $0.50**			1 Banana Muffin Homemade BBQ Pizza
4 No School	5 Chorizo & Eggs Tortilla Chicken Sandwich	6 Overnight Oats Teriyaki Chicken Brown Rice	7 Superhero Bread Chili Mac	8 Whole Grain Pan Dulce String Cheese Chicken Pozole Chips
11 Meatless Monday Cereal Assortment Cheese Stick Bean & Cheese Burrito	12 **Taco Tuesday!** Fruit Smoothie & Granola Bar Hard shell Taco	13 Breakfast Pizza Chicken & Waffle	14 Muffin Assortment Tomato Soup Grilled Cheese Sandwich Valentines Cookie	15 Scrambled Eggs & Biscuit Baked Potato Bar
Presidents Day	19 Yogurt Parfait Chicken Bites Tater Tots	20 Breakfast Croissant Chicken & Cheese Tamale	21 Peanut Butter & Jelly Sandwich California Thursdays Turkey & Gravy Mashed Potatoes	22 Fruit Smoothie & Granola Bar Turkey Sandwich Side Kick
25 Cereal Assortment Meatless Monday Cheese Stick 3 Bean Chili Tortilla Chips	26 Superhero Bread Hamburger Fires	27 Mini Waffle Spaghetti Bread Stick	28 Egg Muffin Sandwich Orange Chicken Brown Rice	

*This institution is an equal opportunity provider.

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.