

Meeting Minutes Student Wellness Council

Date & Time: 2/28/2018 3:00pm to 4:00pm

Present: Lacey Piper, Jenise Buckenberger, Sonya Mercado, Rosie Gutierrez,

New Member: Mari Rugerio

Absent: Julie Maria, Luisa Accorsi

Location: District Office Human Resources meeting room

Topics

- Introductions
 - New Member- Mari Rugerio is currently working at Rio Plaza
- Meeting recap
 - See attached meeting notes
- Wellness Policy Update
 - Board members are currently reviewing updates
- Informational tools- Open discussion
 - Current website resources were reviewed
 - Lacey- Website resources are intended to be a summary for parents, teachers, and administrators. Resources touch on all important topics of the Wellness Policy
 - Sonya- suggested we change the OSFS contact information on the RSD Wellness Policy Handout
 - Rosie- Mentioned recycling and composting programs are not currently running at Vista. More support is needed to get the programs running
 - Lacey- The RSD Healthy Food Guidelines covers what does healthy food look like for the district. This is also intended to be a valuable resource for parents, teachers, and staff.
 - Lacey- The third handout is to address healthy celebrations. The letter is intended to help principals minimize some of the junk food coming on to campus. Nurse Julie mentioned addressing allergies in the letter is also important
- Wellness website update, assessment and review - Open discussion
 - Sonya- suggested adding a link from the Wellness page to the OSFS resources page
 - Sonya- Mentioned the OSFS resource page needs to be updated.

Next Meeting Thursday March 22nd, 2018