



Rio School District










January

2018

Middle School Menu

Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5 
Winter Break Continued...				
8 Cereal Assortment  Three Bean Chili Corn Bread Cheese Pizza Chili & Cheese Burrito	9 Taco Tuesday! Breakfast Burrito Hard Shell Chicken Taco Chili & Cheese Quesadilla Cheeseburger & Tots	10 Breakfast Pizza Baked Potato Bar Chili & Cheese Flaquito Spicy Chicken Sandwich	11 Assorted Muffins  Chicken Tamale Pepperoni Pizza Cheeseburger & Tots	12 Whole Grain Pan Dulce Bean & Cheese Pupusas Spicy Bean & Cheese Burrito Chicken Sandwich
15 Holiday 	16 Yogurt Parfait Chicken Bites & Fries Chili & Cheese Quesadilla Cheeseburger & Tots	17 Breakfast Croissant Turkey & Gravy Mashed Potatoes Chili & Cheese Flaquito Spicy Chicken Sandwich	18 PB & J  Macaroni & Cheese Pepperoni Pizza Cheeseburger & Tots	19 Popcorn Day! Smoothie & Granola Bar Homemade Chicken Pizza Spicy Bean & Cheese Burrito Chicken Sandwich
22 Cereal Assortment  Bean & Cheese Burrito Spicy Bean & Cheese Burrito Chicken Sandwich	23 Superhero Bread Hamburger & Fries Chili & Cheese Quesadilla Cheeseburger & Tots	24 Breakfast Pizza Spaghetti Chili & Cheese Flaquito Spicy Chicken Sandwich	25 Muffin Sandwich  Orange Chicken & Rice Pepperoni Pizza Cheeseburger & Tots	26 Whole Grain Pan Dulce Chicken & Waffles Spicy Bean & Cheese Burrito Chicken Sandwich
29 Toasted Bagel &  Cream Cheese Bean & Cheese Tostada Spicy Bean & Cheese Burrito Chicken Sandwich	30 Backwards Day! Yogurt Parfait French Toast & Eggs Chili & Cheese Quesadilla Cheeseburger & Tots	31 Eggstravaganza & Toast Roasted Chicken Mashed Potatoes Chili & Cheese Flaquito Spicy Chicken Sandwich	Farm Fresh Salad Bar & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50	

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*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.