



Rio School District










January

2018

Elementary School Menu

Breakfast & Lunch



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
|  | 2 | 3 | 4 | 5  |
| Winter Break Continued... | | | | |
| 8 Cereal Assortment  Three Bean Chili Corn Bread | 9 Taco Tuesday! Breakfast Burrito Hard Shell Chicken Taco | 10 Breakfast Pizza Baked Potato Bar | 11 Assorted Muffins  Chicken Tamale | 12 Whole Grain Pan Dulce Bean & Cheese Pupusas |
| 15 Holiday  | 16 Yogurt Parfait Chicken Bites Sweet Potatoes Fries | 17 Breakfast Croissant Turkey & Gravy Mashed Potatoes | 18 PB & J  Macaroni & Cheese | 19 Popcorn Day! Fruit Smoothie & Granola Bar Homemade Chicken Ranch Pizza |
| 22 Cereal Assortment  Bean & Cheese Burrito | 23 Superhero Bread Hamburger Sweet Potato Fires | 24 Breakfast Pizza Spaghetti | 25 Muffin Sandwich  Orange Chicken Brown Rice | 26 Whole Grain Pan Dulce Chicken & Waffles |
| 29 Toasted Bagel & Cream Cheese  Bean & Cheese Tostada | 30 Backwards Day! Yogurt Parfait French Toast Scrambled Eggs | 31 Eggstravaganza & Toast Roasted Chicken Mashed Potatoes | Farm Fresh Salad Bar & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50 | |

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.