



# Rio School District











# January

## 2017

## Rio Real & Rio Plaza Menu

### Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>3</b> Breakfast Burrito  Bean & Cheese Burrito	<b>4</b> Mini Cinni  Oven Roasted Chicken Mashed Potatoes	<b>5</b> Zucchini Bread  Chicken Taquitos	 <b>6</b> Egg & Cheese Omelet Granola Bar  Homemade pepperoni Pizza
<b>9</b> Mini Bagel Folds  Bean & Cheese Sopes	 <b>10</b> Cheese Pupusas  Chicken Sandwich Sweet Potato Fries	<b>11</b> Breakfast Pizza  Teriyaki Chicken Brown Rice	 <b>12</b> GramSnacker  Macaroni & Cheese	<b>13</b> Whole Grain Pan Dulce  Zesty Southwest Bowl
<b>16</b> <b>Holiday</b>  	<b>17 Taco Tuesday!</b> Yogurt & Granola Bar  Hard Shell Chicken Tacos	<b>18</b> Taco Nada  Baked Potato Bar	<b>19 Popcorn Day!</b> Muffin Assortment   Chicken & Cheese Tamale Popcorn	<b>20</b> Breakfast Burrito  Chicken Pozole & Chips
 <b>23</b> Apple Market Bar  Spicy Cheese Nachos	<b>24</b> Breakfast Bar & String Cheese  Mighty Chicken Bites Sweet Potato Fires	<b>25 Opposite Day!</b> Breakfast Quesadilla  Scrambled Eggs French Toast	 <b>26</b> Peanut Butter & Jelly Sandwich  Hot Dog & Chips	<b>27</b> Bagel Pizza  Homemade BBQ Chicken Pizza
 <b>30</b> Toasted Bagel & Cream Cheese  Bean & Cheese Burrito	<b>31</b> Yogurt & Granola Bar  Hamburger Sweet Potato Fires	<b>Farm Fresh Salad Bar &amp; Seasonal Fruit offered Daily</b>  <b>All meals are served with Milk</b>  <b>Water \$1.00</b>  <b>Juice \$0.50</b>		

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\*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.