



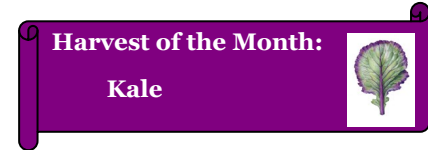
Rio School District






January

2017

Middle School Menu

Breakfast & Lunch



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
|  | 3 Cheese Pupusa Bean & Cheese Burrito Cheeseburger & Fries Cheese & Chili Quesadilla | 4 Oatmeal Oven Roasted Chicken Mashed Potatoes Chili & Cheese Flauquito Spicy Chicken Sandwich | 5 Superhero Bread  Chicken Taquitos Cheeseburger & Fries Stuffed Crust Pizza | 6 Scrambled Eggs, Sausage & Toast Dominos |
| 9 Cereal Assortment  Bean & Cheese Sopes Chili & Cheese Burrito Stuffed Crust Pizza | 10 Breakfast Burrito Hawaiian Chicken Sandwich Cheeseburger & Fries Chili & Cheese Quesadilla | 11 Breakfast Pizza Teriyaki Chicken & Rice Chili & Cheese Flauquito Spicy Chicken Sandwich | 12 Muffin Sandwich  Macaroni & Cheese Cheeseburger & Fries Stuffed Crust Pizza | 13 Whole Grain Pan Dulce Zesty Southwest Bowl Spicy Bean & Cheese Burrito Chicken Sandwich |
| 16 Holiday  | 17 Taco Tuesday! Yogurt Parfait Hard Shell Chicken Tacos Cheeseburger & Fries Chili & Cheese Quesadilla | 18 Breakfast Croissant Baked Potato Bar Chili & Cheese Flauquito Spicy Chicken Sandwich | 19 Popcorn Day!  PB & J Chicken & Cheese Tamale Cheeseburger & Fries Stuffed Crust Pizza | 20 Fruit Smoothie & Granola Bar Chicken Pozole & Chips Spicy Bean & Cheese Burrito Chicken Sandwich |
| 23 Cereal Assortment  Spicy Cheese Nachos Chili & Cheese Burrito Stuffed Crust Pizza | 24 Superhero Bread Mighty Chicken Bites Sweet Potato Fires Cheeseburger & Fries Chili & Cheese Quesadilla | 25 Opposite Day! Breakfast Quesadilla Scrambled Eggs French Toast Chili & Cheese Flauquito | 26 Waffle  Hot Dog & Chip Cheeseburger & Fries Stuffed Crust pizza | 27 Bagel Pizza Homemade BBQ Chicken Pizza Spicy Bean & Cheese Burrito Chicken Sandwich |
| 30 Toasted Bagel & Cheese  Bean & Cheese Pupusa Chili & Cheese Burrito Stuffed Crust Pizza | 31 Yogurt Parfait Chicken Noodle Bowl Cheese Burger & Fries Chili & Cheese Quesadilla | Farm Fresh Salad Bar & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50 | | |



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*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.