



Rio School District











January

2017

Elementary School Menu

Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
	3 Cheese Pupusa Bean & Cheese Burrito	4 Oatmeal Oven Roasted Chicken Mashed Potatoes	5 Superhero Bread Chicken Taquitos	 6 Scrambled Eggs, Sausage & Toast Homemade pepperoni Pizza
9 Cereal Assortment Bean & Cheese Sopes	 10 Breakfast Burrito Chicken Sandwich Sweet Potato Fries	11 Breakfast Pizza Teriyaki Chicken Brown Rice	 12 Muffin Sandwich Macaroni & Cheese	13 Whole Grain Pan Dulce Zesty Southwest Bowl
16 Holiday 	17 Taco Tuesday! Yogurt Parfait Hard Shell Chicken Tacos	18 Breakfast Croissant Baked Potato Bar	19 Popcorn Day! PB & J Chicken & Cheese Tamale Popcorn	 20 Fruit Smoothie & Granola Bar Chicken Pozole & Chips
23 Cereal Assortment Spicy Cheese Nachos	 24 Superhero Bread Mighty Chicken Bites Sweet Potato Fires	25 Opposite Day! Breakfast Quesadilla Scrambled Eggs French Toast	 26 Waffle Hot Dog Chips	27 Bagel Pizza Homemade BBQ Chicken Pizza
30 Toasted Bagel & Cream Cheese Bean & Cheese Burrito	 31 Yogurt Parfait Hamburger Sweet Potato Fires	Farm Fresh Salad Bar & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50		

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*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.