





Rio School District October 2017

Supper Menu All Schools



Harvest
of the
Month



Monday	Tuesday	Wednesday	Thursday	Friday
2 Muffin Assortment Hardboiled Egg Vegetable Assortment Fruit Assortment Milk Variety	3 Toasted Cheese Sandwich Vegetable Assortment Fruit Assortment Milk Variety	4 Tuna Salad & Crackers Vegetable Assortment Fruit Assortment Milk Variety	5 Sunflower seeds, Pretzel, String Cheese Vegetable Assortment Fruit Assortment Milk Variety	6 Cheese Calzone Vegetable Assortment Fruit Assortment Milk Variety
9 Cereal Assortment String Cheese Vegetable Assortment Fruit Assortment Milk Variety	10 Chicken Salad & Crackers Vegetable Assortment Fruit Assortment Milk Variety	11 Chicken & Cheese Tamale Vegetable Assortment Fruit Assortment Milk Variety	12 Hamburger Vegetable Assortment Fruit Assortment Milk Variety	13 Turkey Sandwich Vegetable Assortment Fruit Assortment Milk Variety
	17 Refried Beans & Chips Vegetable Assortment Fruit Assortment Milk Variety	18 Pizza Bagel Vegetable Assortment Fruit Assortment Milk Variety	19 Hard Shell Taco Vegetable Assortment Fruit Assortment Milk Variety	20 Stuffed Crust Pizza Vegetable Assortment Fruit Assortment Milk Variety
23 Cheese & Crackers Vegetable Assortment Fruit Assortment Milk Variety	24 Cheese Breadstick & Marinara Sauce Vegetable Assortment Fruit Assortment Milk Variety	25 Cereal Assortment String Cheese Vegetable Assortment Fruit Assortment Milk Variety	26 Bean & Cheese Burrito Vegetable Assortment Fruit Assortment Milk Variety	27 Trail Mix & Cheese Stick Vegetable Assortment Fruit Assortment Milk Variety
30 Muffin Assortment Hardboiled Egg Vegetable Assortment Fruit Assortment Milk Variety	31 Toasted Cheese Sandwich Vegetable Assortment Fruit Assortment Milk Variety	Seasonal Vegetables & Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50		

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410