



# Rio School District

# October

## 2017



## Middle School Menu

### Breakfast & Lunch



**Harvest of the Month:**  
**Tomatoes**

Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks Spicy Cheese Nachos Cheese Pizza Chili & Cheese Burrito	3 Fruit Smoothie Granola Bar Chicken Sandwich & Fries Chili & Cheese Quesadilla Cheeseburger & tots	4 Oatmeal Teriyaki Chicken & Rice Chili & Cheese Flaquito Spicy Chicken Sandwich	5 Breakfast Bread Hot Dog Pepperoni Pizza Cheeseburger & Fries	6 Scrambled Eggs & Biscuit Pozole & Tortilla Chips Spicy Bean & Cheese Burrito Chicken Sandwich
9 Cereal Assortment 3 Bean Chili & Cornbread Cheese Pizza Chili & Cheese Burrito	10 <b>Taco Tuesday!</b> Breakfast Burrito Hard Shell Taco Chili & Cheese Quesadilla Cheeseburger & Tots	11 Breakfast Pizza Baked Potato Bar Chili & Cheese Flaquito Spicy Chicken Sandwich	12 Assorted Muffins Chicken & Cheese Tamale Pepperoni Pizza Cheeseburger & Fires	13 Pan Dulce Chicken and Bean Sopes Spicy Bean & Cheese Burrito Chicken Sandwich
	17 Yogurt Parfait Chicken Bites & Fries Chili & Cheese Quesadilla Cheeseburger & Fries	18 Breakfast Croissant Sandwich Turkey & Gravy & Potatoes Chili & Cheese Flaquito Spicy Chicken Sandwich	19 PB & J Macaroni & Cheese Pepperoni Pizza Cheeseburger & Fires	20 Fruit Smoothie Granola Bar Homemade Veggie Pizza Spicy Bean & Cheese Burrito Chicken Sandwich
23 Cereal Assortment Bean & Cheese Burrito Cheese Pizza Chili & Cheese Burrito	24 Superhero Breakfast Bread Turkey & Cheese Sandwich Chili & Cheese Quesadilla Cheeseburger & Tots	25 Breakfast Pizza Spaghetti & Bread Stick Chili & Cheese Flaquito Spicy Chicken Sandwich	26 English Muffin Sandwich Orange Chicken & Rice Pepperoni Pizza Cheeseburger & Fries	27 Pan Dulce Chicken & Waffle Spicy bean & Cheese Burrito Chicken Sandwich
30 Bagel & Cream Cheese Tostada Cheese Pizza Chili & Cheese Burrito	31 Yogurt Parfait <b>Spooktacular Lunch</b>	<b>Farm Fresh Salad Bar &amp; Seasonal Fruit offered Daily</b> <b>All meals are served with Milk</b> <b>Water \$1.00</b> <b>Juice \$0.50</b>		

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\*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.