



Rio School District







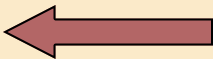
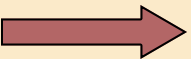



November

2017

Rio Plaza & Rio Real
Breakfast in the classroom & Lunch



Harvest of the Month:
 Persimmons 

Monday	Tuesday	Wednesday	Thursday	Friday
Farm Fresh Salad Bar & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50		1 Whole Grain Pan Dulce Oven Roasted Chicken Mashed Potatoes	2 Toasted Bagel & Cream Cheese  Chicken Taquitos	3 Sandwich Day! Mini Waffle Toasted Turkey & Cheese Sandwich
6 Mini Pancakes  Cheese Nachos	7 Yogurt & Granola Bar Chicken Sandwich	8 Cinnamon Bun Teriyaki Chicken Brown Rice	9 Friendsgiving!  Bagel Pizza Turkey & Gravy Mashed Potatoes	 Veteran's Day
13 French Toast Sticks  Three Bean Chili Corn Bread	14 Taco Tuesday! Breakfast Burrito Hard Shell Tacos	15 Mini Cinis Baked Potato Bar	16  Zucchini Bread Chicken & Cheese Tamale	17 Mini Bagel Fulls Chicken Sopes
20	21	22	23	24
 Fall Break November 20th-24th 				
27 Assorted Muffin Tops  Burrito Bowl	28 Breakfast Pizza Chicken Bites Sweet Potato Waffle Fries	29 Whole Grain Pan Dulce Hot Dog	30 Toasted Bagel & Cream Cheese  Macaroni & Cheese	

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*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.