



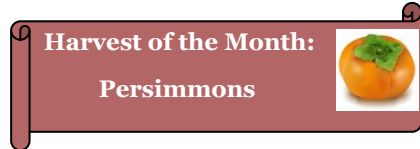
Rio School District







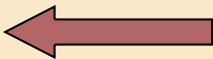




November

2017

Middle School Menu

Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
Farm Fresh Salad Bar & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50		1 Egg Stravaganza & Toast Oven Roasted Chicken Mashed Potatoes Chili & Cheese Flaquito Spicy Chicken Sandwich	2 Toasted Cheese Sandwich  Chicken Taquitos Pepperoni Pizza Cheeseburger & Fries	3 Sandwich Day! Zucchini Muffin Hard Boiled Egg Toasted Turkey & Cheese Sandwich
6 French Toast Sticks  Cheese Nachos Cheese Pizza Chili & Cheese Burrito	7 Fruit Smoothie Granola Bar Chicken Sandwich Chili & Cheese Quesadilla Cheeseburger & Tots	8 Oatmeal Teriyaki Chicken & Rice Chili & Cheese Flaquito Spicy Chicken Sandwich	9 Friendsgiving!  Superhero Bread Turkey & Gravy Pepperoni Pizza Cheeseburger & Fries	 Veteran's Day
13 Cereal Assortment  Bean Chili & Corn Bread Cheese Pizza Chili & Cheese Burrito	14 Taco Tuesday! Breakfast Burrito Hard Shell Tacos Chili & Cheese Quesadilla Cheeseburger & Tots	15 Breakfast Pizza Baked Potato Bar Chili & Cheese Flaquito Spicy Chicken Sandwich	16 Muffin Tops  Chicken & Cheese Tamale Pepperoni Pizza Cheeseburger & Fries	17 WG Pan Dulce Chicken Sopes Spicy Bean & Cheese Burrito Chicken Sandwich
20	21	22	23	24
 Fall Break November 20th-24th 				
27 Mini Pancakes  Burrito Bowl Cheese Pizza Chili & Cheese Burrito	28 Yogurt parfait Chicken Bites & Fries Chili & Cheese Quesadilla Cheeseburger & Tots	29 Breakfast croissant Sandwich Hot Dog Chili & Cheese Flaquito Spicy Chicken Sandwich	30 PB & J  Macaroni & Cheese Pepperoni Pizza Cheeseburger & Fries	

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*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.