



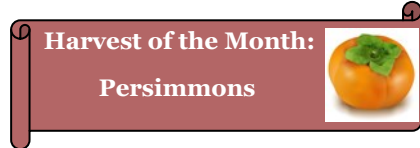
# Rio School District

# November

## 2016

## Elementary School Menu

### Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Yogurt Parfait  Hamburger	<b>2</b> Scrambled Eggs & Toast  Spaghetti	<b>3</b> Toasted Cheese Sandwich  Orange Chicken Brown Rice	<b>4</b> Fruit Smoothie & Granola Bar  Chicken & Waffle
<b>7</b> Sweet Potato Chocolate Chip Muffin Tostada with beans & Cilantro rice 	<b>8 Backwards Day!</b> Cheese Pupusas  French Toast Scrambled Eggs	<b>9</b> Oatmeal  Oven Roasted Chicken Mashed Potatoes	<b>10</b> Homemade Breakfast Bread  Chicken Taquitos	 <b>Veteran's Day</b>
<b>14</b> Cereal Assortment  Bean & Cheese Sopes	<b>15</b> Breakfast Burrito  Teriyaki Chicken Brown Rice	<b>16</b> Breakfast Pizza  Chicken Sandwich	<b>17</b> Muffin Sandwich  Turkey & Gravy Mashed Potatoes	<b>18</b> WG Pan Dulce  Dominos Pizza
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Fall Break November 21st-25th</b>				
<b>28</b> Mini Pancakes  3 Bean Chili Homemade Cornbread	<b>29 Taco Tuesday!</b> Yogurt Parfait  Hard Shell Tacos	<b>30</b> Breakfast Croissant  Baked Potato Bar	<b>Farm Fresh Salad Bar &amp; Seasonal Fruit offered Daily</b>  <b>All meals are served with Milk</b>  <b>Water \$1.00</b>  <b>Juice \$0.50</b>	

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\*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.