



Rio School District







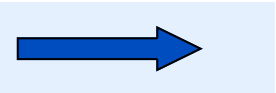

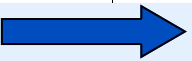

December

2017

Rio Plaza, Rio Real, Rio Lindo
Breakfast & Lunch



Harvest of the Month:
 Carrots 

Monday	Tuesday	Wednesday	Thursday	Friday
Farm Fresh Salad Bar & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50				1 Mini Waffle Homemade BBQ Pizza
4 Mini Pancakes  Bean & Cheese Burrito	5 Yogurt Granola Bar Hamburger Sweet Potato Fries	6 Cinnamon Bun Spaghetti	7 Pizza Bagel  Orange Chicken Brown Rice	8 Breakfast Bar Chicken & Waffle
11 French Toast Sticks  Bean & Cheese Tostada	12 Backwards Day! Breakfast Burrito French Toast Scrambled Eggs	13 Mini Cinis Oven Roasted Chicken Mashed Potatoes	14 Zucchini Bread  Chicken Taquito	15 Mini Bagel Fulls Homemade Pizza Chef's Choice
18 Muffin Assortment  Cheese Nachos	19 Breakfast Pizza Chicken Sandwich	20 Whole Grain Pan Dulce Teriyaki Chicken Brown Rice	21 Toasted Bagel & Cream Cheese  Dominos Pizza	22 
25 	Winter Break December 22nd -January 5th 			29 

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.