



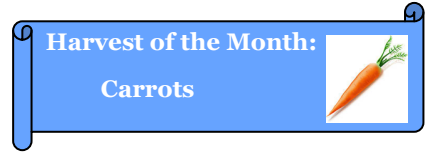
Rio School District







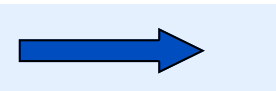

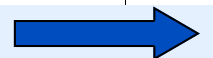

December

2017

Middle School Menu

Breakfast & Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
Farm Fresh Salad Bar & Seasonal Fruit offered Daily All meals are served with Milk Water \$1.00 Juice \$0.50				1 Fruit Smoothie Granola Bar Homemade BBQ Pizza Spicy Bean & Cheese Burrito Chicken Sandwich & Fries
4 Cereal Assortment  Bean & Cheese Burrito Cheese Pizza Chili & Cheese Burrito	5 Superhero Breakfast Bread Turkey & Cheese Sandwich Chili & Cheese Quesadilla Cheeseburger & Tots	6 Breakfast Pizza Spaghetti Chili & Cheese Flaquito Spicy Chicken Sandwich	7 Egg Muffin Sandwich  Orange Chicken & Rice Pepperoni Pizza Cheeseburger & Fries	8 Whole Grain Pan Dulce Chicken & Waffle Spicy Bean & Cheese Burrito Chicken Sandwich & Fries
11 Toasted Bagel & Cream Cheese  Bean & Cheese Tostada Cheese Pizza Chili & Cheese Burrito	12 Backwards Day! Yogurt Parfait French Toast & Eggs Chili & Cheese Quesadilla Cheeseburger & Tots	13 Scrambled Eggs & Toast Oven Roasted Chicken Mashed Potatoes Chili & Cheese Flaquito Spicy Chicken Sandwich	14 Toasted Cheese Sandwich  Chicken Taquito Pepperoni Pizza Cheeseburger & Fries	15 Zucchini Muffin Hard Boiled Egg Pizza Chef's Choice Spicy Bean & Cheese Burrito Chicken Sandwich & Fries
18 French Toast Sticks  Cheese Nachos Cheese Pizza Chili & Cheese Burrito	19 Fruit Smoothie Granola Bar Chicken Sandwich Chili & Cheese Quesadilla Cheeseburger & Tots	20 Oatmeal Teriyaki Chicken & Rice Chili & Cheese Burrito Spicy Chicken Sandwich	21 Superhero Bread  Dominos Pizza	22 
25 	Winter Break December 22nd -January 5th 			29 

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*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.