




Rio School District

December

2016

Rio Plaza & Rio Real
Breakfast in the classroom & Lunch



Harvest of the Month:
Carrots 

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">Farm Fresh Salad Bar & Seasonal Fruit offered Daily</p> <p align="center">All meals are served with Milk</p> <p align="center">Water \$1.00</p> <p align="center">Juice \$0.50</p>			<p>1 Muffin Assortment </p> <p>Chicken & Cheese Tamale</p>	<p>2 Breakfast Burrito</p> <p>Chicken Posole</p>
<p>5  Apple Farmers Market Bar</p> <p>Nachos</p>	<p>6 Cinnamon Crisps & String Cheese</p> <p>Mighty Chicken Bites</p> <p>Sweet Potato Tots</p>	<p>7 Breakfast Quesadilla</p> <p>Turkey & Gravy</p> <p>Mashed Potatoes</p>	<p>8 </p> <p>PB & J</p> <p>Hot Dog</p> <p>Chips</p>	<p>9 Bagel Pizza</p> <p>Homemade BBQ Chicken Pizza</p>
<p>12  Toasted Bagel & Cream Cheese</p> <p>Bean & Cheese Burrito</p>	<p>13 Yogurt & Granola Bar</p> <p>Hamburger</p> <p>Sweet Potato Fries</p>	<p>14 Cinnamon Bun</p> <p>Spaghetti</p>	<p>15  Mini Waffle</p> <p>Orange Chicken</p> <p>Brown Rice</p>	<p>16 Apple Farmers Market Bar</p> <p>Dominos Pizza</p>
19	20	21	22	23
<p>← Winter Break December 19th-January 2nd →</p>				
26 	27	28	29	30 
<p>Winter Break Continued...</p>				

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*Menu subject to change. Entrée choices are not guaranteed throughout the entire meal service.