



# Rio School District

# August

2017

## Elementary School Menu Breakfast & Lunch



Harvest of the Month

Harvest of the Month:  
Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Farm Fresh Salad Bar &amp; Seasonal Fruit offered Daily</b></p> <p><b>All meals are served with Milk</b></p> <p><b>Water \$1.00</b></p> <p><b>Juice \$0.50</b></p>				
7	8	9		
14	15	16		
<p><b>Summer Vacation ....</b></p>				
21	<p><b>22 Backwards Day!</b></p> <p>Yogurt Parfait</p> <p>Scrambled Eggs</p> <p>French Toast</p>	<p>23</p> <p>Eggstavanza &amp; Toast</p> <p>Oven Baked Chicken</p> <p>Mashed Potatoes</p>	<p>24 Toasted Cheese Sandwich </p> <p>Chicken Taquitos</p> <p>Refried Beans</p>	<p>25</p> <p>Hardboiled Egg &amp; Muffin</p> <p>Homemade pepperoni Pizza</p>
<p>28</p> <p>French Toast Sticks</p> <p>Cheese Nachos</p>	<p> 29 Fruit Smoothie</p> <p>Granola Bar</p> <p>Chicken Sandwich</p> <p>Sweet Potato Fries</p>	<p>30</p> <p>Oatmeal</p> <p>Teriyaki Chicken</p> <p>Brown Rice</p>	<p>31</p> <p>Superhero Bread</p> <p>Hotdog</p>	